

Big Island Yoga Center presents
Janet MacLeod

CERTIFIED IYENGAR INSTRUCTOR



Janet has been a certified Iyengar yoga instructor for 25 years. She teaches in the teacher training program at the Iyengar Yoga Institute of San Francisco and conducts retreats and workshops worldwide. She continues to study in India and North America with the Iyengar family. Prior to this workshop, Janet will have just returned from a yoga intensive with Geeta Iyengar.

Known for the clarity of her instruction and her Scottish wit and wisdom, Janet makes yoga a joyful journey with surprising destinations!

Friday, May 9	5:30 - 8:00PM	All-Levels Asana
Saturday, May 10	12:30 - 2:30PM	All-Levels Asana
	3:00 - 5:00PM	Intermediate Asana
Sunday, May 11	9:00 - 11:00	All-Levels Asana
	1:00 - 4:00pm	Intermediate Asana & Pranayama

COST:	Entire Workshop	(11.5 hrs.)	\$ 175
	3 All-Levels Section	(6.5 hrs.)	\$ 105
	2 Intermediate Sections	(5 hrs.)	\$ 80

Priority will be given to those registering for the sections listed above.
 Space permitting, you may register for individual classes, rates as follows:
 2.0 hrs-\$35; 2.5 hrs-\$45, 3.0 hrs-\$50.

Enrollment is limited to 20 students. Please register early to reserve your space.

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REGISTRATION FORM: Janet MacLeod _____ Entire workshop (\$175)

 Name _____ All-levels section (\$105)

 Address _____ Intermediate section (480)

 e-mail _____ phone # _____ Individual classes: **please specify**

**To enroll: Mail this completed form and your check or money order to:
 Big Island Yoga Center, P.O. 2233, Kealahakua, Hi 96750** or hand to a BIYC instructor**